

	MESH Perimenopausal Symptoms Workup Options							
	best interpreted with a provider experienced in menopause / perimenopause							
	<i>patients can have MESH order any of the tests or panels - does not have to be all-or-nothing</i>							
Labcorp #	Traditional hormone testing					GFE	PATIENT	
28480	FSH / LH (follicle stimulating hormone / luteinizing hormone)					\$223.00		
004515	Estradiol [2] (estrogen)					\$183.00		
004317	Progesterone					\$140.00		
004226	Testosterone, total					\$163.00		
004020	DHEA-s (dehydroepiandrosterone - estrogen/testosterone precursor)					\$140.00		
	TOTALS					\$849.00	\$103.94	
							87.7%% saved	
	Thyroid testing - thyroid dysfunction can mimic or worsen symptoms							
004259	TSH					\$99.00		
001974	Free T4					\$106.00		
010389	Free T3					\$198.00		
006676	TPO (thyroid peroxidase antibodies)					\$87.00		
	TOTALS					\$490.00	\$73.46	
							85.1% saved	
	Metabolic Screening - help distinguish systemic disease from hormone-related							
005009	CBC (complete blood count)					\$33.00		
322000	CMP (comprehensive metabolic panel)					\$48.00		
102525	HbA1c (insulin resistance, diabetes risk)					\$69.00		
303756	Lipid panel (cholesterols, triglycerides)					\$103.00		
	TOTALS					\$253.00	\$64.47	
							74.6% saved	
	Nutritional & Fatigue-related - frequently abnormal in midlife women							
004598	Ferritin (iron stores)					\$83.00		
001503	Vitamin B12					\$111.00		
002014	Folate					\$92.00		
081950	Vitamin D					\$243.00		
	TOTALS					\$529.00	\$113.53	
							78.6% saved	
	Total Good Faith Estimate versus MESH expense for entire bundle					\$2,121.00	\$355.40	
	that is an 83.2% savings thru MESH for this extensive testing panel						83.2% savings	